

Helen Smith

Our bodies, our views!

My illness



- Boxing day 1997 I had my first symptoms of meningitis.
- 3 doctors and 24 hrs later I was admitted to hospital.
- 3 weeks I was in a coma during which time both my legs were amputated.
- Over the following months I also had both my hands amputated.

My first limbs

- 1 year later I got my first limbs.
- Heavy, ugly, uncomfortable, broken.



My second limbs

- Looked fabulous
- Comfortable
- Could walk short distances



My limbs today

- Springy legs
- Split hook and myo-hand
- Finally out of the wheelchair
- Can run a few steps

