



Don't let a family suffer in isolation, become a STEPS Family Contact.

Being able to contact someone who knows what you are going through can be the biggest help when you are dealing with an uncertain situation.

We URGENTLY need more families to join our STEPS Family Contacts Register so that we can put families in touch with other people who have shared a similar experience. Even if you have already agreed to be a Family Contact please get in touch to update your details.

If you would like to make a difference and share your experiences with a family that would really appreciate your support then please contact info@steps-charity.org.uk or call our help line on 0871 7170044.

You've got mail!

As a charity, we are always looking at ways to reduce costs which is why email is such a fantastic way for us to communicate because it saves time and money. In order for email to work successfully we need to have your correct email address and would be most grateful if you could get in touch and update your information. STEPS has been supporting families affected by lower limb conditions for over 28 years when email wasn't even invented! Update your information today - email info@steps-charity.org.uk and help us communicate effectively.

Christmas is coming don't forget the cards

With so many Christmas cards to choose from it's very difficult choosing Christmas Card packs that will appeal to everyone, so for 2008 we are trying a different approach.

Don't send Cards make a donation to STEPS instead

We can send you an email or postcard which you can send to your friends and family to say that this year you are making a donation to STEPS instead of sending Christmas Cards.

Personalised Christmas Cards

If you work for a company or know anyone who sends out personalised Christmas cards pass on this link www.creationchristmascards.co.uk/steps because 50% of the price is donated to STEPS.

Christmas Card packs

Great value Christmas Bumper Card Pack for only £2.99 includes 30 quality cards with various designs which will appeal to all tastes. STEPS 'Sheepish' designs also available. To place an order please call 0871 7170044 - hurry whilst stocks last!

Donate in Celebration!

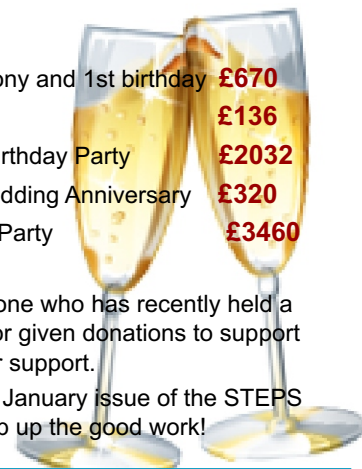
Have you a birthday, wedding, anniversary or any other special occasion approaching? Are you always stuck as to what to ask for? Or need a gift for someone who has everything? Why not ask your friends and relations to donate money to STEPS instead of getting yet another set of unwanted bath salts?! This is a positive way of celebrating your occasion and supporting children and adults affected by lower limb conditions.

We can send you a 'donate in celebration' pack with balloons, donation forms, information leaflets and posters which can be personalised to your event - please ask for details

Recently STEPS has received donations from the following people who have raised money via their celebrations.

A BIG THANK YOU to:

Alex 'Happy Feet' Naming Ceremony and 1st birthday	£670
Dylan Tite, 1st Birthday Party	£136
Rebecca Wilson, joint 30th/40th Birthday Party	£2032
Ken and Audrey Dorman, 50th Wedding Anniversary	£320
Sharon Wignall, 10th Anniversary Party	£3460



We are also very grateful to everyone who has recently held a fundraising and sponsored event or given donations to support STEPS - we really appreciate your support.

A thank you will be included in the January issue of the STEPS magazine. Please continue to keep up the good work!



If you would like to support our **Baby Hip Health Campaign** please 'Put the Kettle On' for STEPS and hold a tea/coffee morning at home or work and help raise funds at the same time.

You can also support the week by **distributing** our award winning leaflets to your local Surgery and/or getting your story in the local paper.

For a fundraising pack and further information call **Julie on 01925 750274**



A recipe for fundraising success

We need your help to compile a **STEPS Recipe Book** which we aim to sell throughout 2009 to raise vital funds for our charity.

The theme of our recipe book is "Family Favourites" so the recipes should ideally be easy to cook. We are looking for a mixture of mouth watering main courses and delicious desserts. To make the STEPS Recipe book more personal we will include your child's information and photo.



It's important that all recipes follow the same format so please call **Julie 01925 750750274** or email julie@steps-charity.org.uk for a recipe template.

Completed forms must be returned by Friday 19th December 2008